



# Caregiver Support

For more information about the resources below, contact each organization directly.

Email [SeniorHungerSolutions@BivinsFoundation.org](mailto:SeniorHungerSolutions@BivinsFoundation.org) to update a listing.

## Adult Day Care

There are two organizations in the Amarillo-area offering a place for older adults to go during the day for services and socialization. These centers can be a great option for caregivers who are needing respite or a place for their loved one to be while they are at work. They are also a great option for individuals who are looking to not be at home alone and who are wanting to spend time with other people in a welcoming environment.


### Jan Werner Adult Day Care

 (806) 374-5516

 3108 S Fillmore St. Amarillo, TX 79110

### Pure Heals Adult Medical Complex

 (806) 437-1404

 201 Westgate Pkwy, Suite A2 Amarillo, TX 79121

## Alzheimer's and Dementia Caregiver Support

The Alzheimer's Association offers help and support for individuals and families caring for a person with Alzheimer's or dementia. They offer a host of online resources, connection to local and online support groups, and a 24/7 Helpline.

**Call 800-272-3900 to be connected to the free 24/7 Alzheimer's and Dementia Helpline.**

### Alzheimer's Association

 800-272-3900

# Area Agency on Aging of the Panhandle | Caregiver Support


The Caregiver Support Program offers vital assistance to families caring for older adults or individuals with dementia. The Area Agency on Aging (AAA) provides:

- information on **available resources**;
- free temporary **respite care** provided through local home health agencies for a number of hours to give the family caregiver a break;
- a monthly caregiver **support group** and a list of other support groups in the area;
- a library of **free books** and other educational materials on a wide-range of caregiving topics;
- **educational opportunities** to help caregivers gain the knowledge and information they need to manage the demands of their roles.

Contact the AAA for more information on Caregiver Support.

## Area Agency on Aging of the Panhandle | Caregiver Support

 (806) 331-2227

 415 SW 8th Ave. Amarillo, TX 79101

## GUIDE Model

The **Guiding an Improved Dementia Experience (GUIDE) Model** is an innovative Medicare-supported program designed to help families care for loved ones with dementia at home. It provides expert guidance, caregiver support, and respite services at no additional cost for those who qualify.

You may qualify for GUIDE services if:

- You have traditional Medicare Parts A & B, and you are not on a Medicare Advantage plan, PACE program, or receiving hospice care.
- You have a diagnosis of dementia confirmed by a clinician. It is possible you may qualify if you have an early memory loss diagnosis.
- You live at home or in the community (not in a nursing home or long-term care facility).

Participation in the CMS GUIDE Model varies by location. Below are two entities in the Amarillo-area participating in the GUIDE program. Contact them directly for more information regarding eligibility and to see if you reside in their service area.


### Caring Senior Service

 (806) 542-3006

 1100 S Fillmore Street #103 Amarillo, TX 79101

### Visiting Angels

 (806) 310-5362

 6009 Belpree Rd. Amarillo, TX 79106


# Memory Café

The Amarillo Public Library offers a Memory Café on a monthly basis. The program allows individuals dealing with memory issues—and their care partners—a chance to meet new people and take part in shared activities and programs in an accepting, non-judgmental environment.

**The Memory Café is free and open to the public. For more information and upcoming dates, contact Cynthia Hunt at 806-378-6019 or [Cynthia.Hunt@amarillolibrary.org](mailto:Cynthia.Hunt@amarillolibrary.org).**

## Amarillo Public Library | Memory Café

 (806) 378-3054


 413 SE 4th Amarillo, TX 79101

# VA Caregiver Support Program


VA Amarillo health care has caregiver support coordinators who can help with getting caregiver assistance through the VA, matching you with services and benefits, and connecting you with local resources and programs.

**The VA has a Caregiver Support Line available Monday - Friday, 8:00 AM to 8:00 PM (ET) at 1-855-260-3274.**

## Amarillo VA Health Care System | Caregiver Support Team

 1-855-260-3274 | Caregiver Support Line

 (806) 355-9703 ext. 7928 | Amarillo VA Caregiver Support Team

 6010 Amarillo Blvd West Amarillo, TX 79106

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email [SeniorHungerSolutions@BivinsFoundation.org](mailto:SeniorHungerSolutions@BivinsFoundation.org) to update a listing.

**Dial 2-1-1 to speak with a representative about local community resources and assistance.**



*An initiative  
of the*



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.