INSTRUCTIONS: Fill in the yellow highlighted text with the information for your city or county. Find the data at <https://www.seniorhungersolutions.org/> (Click on your County and then click ‘Learn More’ to find the food insecurity rate and the estimated number of residents experiencing food insecurity.)

**Senior Hunger Awareness Month**

A PROCLAMATION

**Whereas,** the health and safety of all older adults in INSERT CITY/COUNTY is important to the growth, prosperity, and well-being of our community; and,

**Whereas,** the United States Department of Agriculture defines food insecurity as the limited or uncertain availability of or the uncertain ability to acquire nutritionally adequate and safe foods; and,

**Whereas,** the overall food insecurity rate for INSERT COUNTY is INSERT FOOD INSECURITY RATE according to Feeding America; and,

**Whereas,** food insecure seniors tend to have lower nutrient intake, lower diet quality, more chronic health conditions, poorer self-reported health status, lengthened hospital stays and greater hospital readmissions, cost-related medication non-adherence, and out-of-pocket medical expenses; and,

**Whereas,** there are at least INSERT NUMBER residents of INSERT COUNTY over the age of 65 who are experiencing food insecurity; and,

**Whereas,** older adults are often unable to increase their income to cover cost of living increases; and,

**Whereas,** older adults living in food-insecure households are at greater risk of adverse mental health outcomes; and,

**Whereas**, it is our responsibility of citizens of INSERT CITY/COUNTY to learn about hunger and food insecurity and do our part to reduce it.

**Now, therefore,** the INSERT COUNTY GOVERNING BODY OR INDIVDIUAL (EXAMPLES: City of CITY Commissioners’ Court or County Judge) do hereby proclaim April YEAR to be

**Senior Hunger Awareness Month**

We/I urge every resident to recognize the challenges that many older adults in our community face in regards to hunger and food insecurity and encourage every resident to do what they can to address the issue of hunger and food insecurity among older adults in our community. Together we can ensure that all older adults in INSERT CITY/COUNTY have, at all times, both physical and economic access to sufficient food that meets their dietary needs for a productive and healthy life.