



Support Groups

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Mental Health Support Groups

NAMI

The National Alliance on Mental Illness (NAMI) hosts a support group the **2nd Thursday of every month** from **7:00 PM to 8:30 PM** in the **Lowndes Hall at St. Andrew's Episcopal Church in Amarillo.**

For more information, email namitexaspanhandle@gmail.com.

 1601 S Georgia St. Amarillo, TX 79102

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.



An initiative
of the



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.