Caregiver Support

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Adult Day Care

There are two organizations in the Amarillo-area offering a place for older adults to go during the day for services and socialization. These centers can be a great option for caregivers who are needing respite or a place for their loved one to be while they are at work. They are also a great option for individuals who are looking to not be at home alone and who are wanting to spend time with other people in a welcoming environment.

Jan Werner Adult Day Care

(806) 374-5516

3108 S Fillmore St. Amarillo, TX 79110

Pure Heals Adult Medical Complex

(806) 437-1404

201 Westgate Pkwy, Suite A2 Amarillo, TX 79121

Alzheimer's and Dementia Caregiver Support

The Alzheimer's Association offers help and support for individuals and families caring for a person with Alzheimer's or dementia. They offer a host of online resources, connection to local and online support groups, and a 24/7 Helpline.

Call 800-272-3900 to be connected to the free 24/7 Alzheimer's and Dementia Helpline.

Alzheimer's Association

800-272-3900

Area Agency on Aging of the Panhandle | Caregiver Support

The Caregiver Support Program offers vital assistance to families caring for older adults or individuals with dementia. The Area Agency on Aging (AAA) provides:

- information on **available resources**;
- free temporary **respite care** provided through local home health agencies for a number of hours to give the family caregiver a break;
- a monthly caregiver **support group** and a list of other support groups in the area;
- a library of **free books** and other educational materials on a wide-range of caregiving topics;
- **educational opportunities** to help caregivers gain the knowledge and information they need to manage the demands of their roles.

Contact the AAA for more information on Caregiver Support.

Area Agency on Aging of the Panhandle | Caregiver Support

(806) 331-2227

415 SW 8th Ave. Amarillo, TX 79101

Dementia Care Advocates

The Cody Owens Memorial Foundation started the Dementia Care Advocates to serve local families who need financial assistance to care for their loved ones living with Dementia or Alzheimer's. They offer a quarterly $500 voucher to be used towards respite care through one of their partner agencies.

Go to their website to apply for the respite grant at CodyOwensFoundation.org/dca

GUIDE Model

The **Guiding an Improved Dementia Experience (GUIDE) Model** is an innovative Medicare-supported program designed to help families care for loved ones with dementia at home. It provides expert guidance, caregiver support, and respite services at no additional cost for those who qualify.

You may qualify for GUIDE services if:

- You have traditional Medicare Parts A & B, and you are not on a Medicare Advantage plan, PACE program, or receiving hospice care.
- You have a diagnosis of dementia confirmed by a clinician. It is possible you may qualify if you have an early memory loss diagnosis.
- You live at home or in the community (not in a nursing home or long-term care facility).

Participation in the CMS GUIDE Model varies by location. Below are two entities in the Amarillo-area participating in the GUIDE program. Contact them directly for more information regarding eligibility and to see if you reside in their service area.

Caring Senior Service

(806) 542-3006

1100 S Fillmore Street #103 Amarillo, TX 79101

Visiting Angels

(806) 310-5362

6009 Belpree Rd. Amarillo, TX 79106

Memory Café

The Amarillo Public Library offers a Memory Café on a monthly basis. The program allows individuals dealing with memory issues—and their care partners—a chance to meet new people and take part in shared activities and programs in an accepting, non-judgmental environment.

The Memory Café is free and open to the public. For more information and upcoming dates, contact Cynthia Hunt at 806-378-6019 or Cynthia.Hunt@amarillolibrary.org.

Amarillo Public Library | Memory Café

(806) 378-3054

413 SE 4th Amarillo, TX 79101

The Meemaw and Peepaw Project

The Meemaw and Peepaw Project offers support to individuals living with dementia and their family caregivers and loved ones by providing a caregiver grief support group, education on dementia and caregiving, Boxes of Joy care packages to caregivers, and other community outreach and events.

If you or someone you know is caring for a person living with dementia, you can reach out to the Meemaw and Peepaw project on their website to learn more about available support.

VA Caregiver Support Program

VA Amarillo health care has caregiver support coordinators who can help with getting caregiver assistance through the VA, matching you with services and benefits, and connecting you with local resources and programs.

The VA has a Caregiver Support Line available Monday - Friday, 8:00 AM to 8:00 PM (ET) at 1-855-260-3274.

Amarillo VA Health Care System | Caregiver Support Team

1-855-260-3274 | Caregiver Support Line

(806) 355-9703 ext. 7928| Amarillo VA Caregiver Support Team

6010 Amarillo Blvd West Amarillo, TX 79106

Link to Website to Learn More ⟶

Note: Information is subject to change.
Please contact the organizations directly for all questions or any additional information regarding services.
The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.

SENIOR HUNGER SOLUTIONS

An initiative of the

MARY E. BIVINS FOUNDATION

Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.

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