



Support Groups

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Alzheimer's and Dementia Support Groups

The Craig

The Craig Senior Living hosts a support group in partnership with the Alzheimer's Association and Enhabit Home Health the **2nd Friday of every month** from **2:00 PM to 3:00 PM** in the 3rd floor multipurpose room of the **Craig Senior Living in Amarillo**.

For more information, contact Shelly Gilbreth at the phone number below or shelly.gilbreth@ehab.com.

 **(806) 351-1700**

 5500 SW 9th Ave. Amarillo, TX 79106

Park Central

Park Central hosts a support group the **every Saturday** from **10:00 AM to 11:00 AM** at the **Park Central Commons Building in Amarillo**. *Call to confirm (may change date/time).*

For more information, contact Lauren Glasgow at the phone number below or lglasgow@bcsama.org.

 **(806) 337-4138**

 400 SW 14th Ave. Amarillo, TX 79101

Pure Heals

Pure Heals hosts a support group the **1st Monday of every month** at **5:30 PM** at the **Pure Heals Adult Medical Complex in Amarillo**.

For more information, contact Makayla Stewart at the phone number below.

 **(806) 223-9130**

 201 Westgate Pkwy. Suite A2, Amarillo, TX 79121

Skywest

Skywest Assisted Living by Shaw hosts a support group the **1st Thursday of every month** from **12:00 PM to 1:00 PM** at the **Cole Community Center in Canyon**. Light lunch is provided.

For more information, contact Lonnie Shaw at the phone number below or lwsskywest@gmail.com.

 **(806) 655-2911**

 300 16th St. Canyon, TX 79015

WT Speech and Hearing Clinic

The WT Speech and Hearing Clinic hosts two support groups for caregivers and people living with dementia.

One is held the **1st and 3rd Wednesday of every month during WT's Fall and Spring academic semesters** from **5:00 PM to 6:30 PM** in **Harrington Academic Hall at the WT campus in downtown Amarillo**.

 720 S Tyler St. Suite 120, Amarillo, TX 79101

The other is held the **2nd Wednesday of every month in the summer only** from **5:30 PM to 6:30 PM** at the **Virgil Henson Activity Center at the WT main campus**.

 2620 Russell Long Blvd. Canyon, TX 79015

For more information, contact Dr. Brian Spencer at the phone number below or pspencer@wtamu.edu.

 **(806) 651-5107**

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.



An initiative
of the



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.