



In-Home Care

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

There is a difference between **home health care** and **home care**.

- **Home health care** provides skilled, short-term medical care including a visit from a nurse, physical therapy, occupational therapy, etc. which has been ordered by a doctor to treat a medical condition. These services are covered by Medicare.
- **Home care** offers long-term, non-medical assistance with daily tasks such as bathing, cleaning, and companionship. These services are not covered by Medicare.

View the Centers for Medicare and Medicaid Services official government booklet on [Medicare and Home Health Care](#) for information on eligibility, the services covered, how to find and compare home health agencies, and your Medicare rights.

Go online to [Medicare.gov](https://www.medicare.gov) to find and compare home health agencies.

[Provider Search](#) →

Temporary Home Care Options and Family Caregiver Respite


For individuals needing temporary assistance, the **Area Agency on Aging of the Panhandle (AAA)** has a Home Care Options program which provides short-term, in-home support for older adults recovering from a recent hospitalization or health crisis. Services are designed to help individuals maintain independence at home through personalized care plans addressing daily living needs such as personal care tasks and light housekeeping.

Additionally, the Caregiver Respite Program offers short-term caregiver respite to eligible family caregivers to receive a temporary break from their caregiving duties.

The AAA contracts with several local home care providers to offer these in-home services. Caregivers and older adults should contact the AAA directly for additional information, eligibility, and assistance.

Area Agency on Aging of the Panhandle

 (806) 331-2227

 415 SW 8th Ave. Amarillo, TX 79101

[Link to Website to Learn More](#) →

The AAA's Caregiver Support Specialist offers additional education and training opportunities for family caregivers including information on dementia care. They facilitate a monthly support group for caregivers, offer libraries with resources across the Panhandle, and host an annual conference with information for caregivers. Contact the AAA for more information on available support for caregivers.

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.



*An initiative
of the*



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.