



In-Home Care

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

There is a difference between **home health care** and **home care**.

- **Home health care** provides skilled, short-term medical care including a visit from a nurse, physical therapy, occupational therapy, etc. which has been ordered by a doctor to treat a medical condition. These services are covered by Medicare.
- **Home care** offers long-term, non-medical assistance with daily tasks such as bathing, cleaning, and companionship. These services are not covered by Medicare.

View the Centers for Medicare and Medicaid Services official government booklet on [Medicare and Home Health Care](#) for information on eligibility, the services covered, how to find and compare home health agencies, and your Medicare rights.

Go online to [Medicare.gov](https://www.medicare.gov) to find and compare home health agencies.

[Provider Search](#) →

Aid and Attendance

The U.S. Department of Veterans Affairs has a special benefit for Veterans and surviving spouses who require regular assistance with activities of daily living. The pension can help pay for home care services to assist with activities such as: meal preparation, bathing and grooming, shopping, dressing and laundry, transportation, and light housekeeping.

Veterans Care Coordination assists Veterans, surviving spouses, and their families with navigating the application process to access funding that may assist with costs to age at home.

Complete an online referral form or call for assistance.

Veterans Care Coordination

 **855-380-4400**

Community Attendant Services

The Texas Health and Human Services Community Attendant Services program, or CAS, is a non-technical, medically related personal care service that is available to eligible individuals whose health problems cause them to have limitations in performing activities of daily living according to a practitioner's statement of medical need.

Services may include light housekeeping, meal preparation, and assistance with personal care tasks.

Contact HHS to complete a phone application. If calling for someone other than yourself, have that individual present during the call to give verbal permission to do the application on their behalf. The intake staff will provide information regarding the process after the phone application is submitted.

Texas Health and Human Services | Intake Line

 1-877-723-9049 | Intake Line

GUIDE Model

The **Guiding an Improved Dementia Experience (GUIDE) Model** is an innovative Medicare-supported program designed to help families care for loved ones with dementia at home. It provides expert guidance, caregiver support, and respite services at no additional cost for those who qualify.

You may qualify for GUIDE services if:

- You have traditional Medicare Parts A & B, and you are not on a Medicare Advantage plan, PACE program, or receiving hospice care.
- You have a diagnosis of dementia confirmed by a clinician. It is possible you may qualify if you have an early memory loss diagnosis.
- You live at home or in the community (not in a nursing home or long-term care facility).

Participation in the CMS GUIDE Model varies by location. Below are two entities in the Amarillo-area participating in the GUIDE program. Contact them directly for more information regarding eligibility and to see if you reside in their service area.


Caring Senior Service

 (806) 542-3006

 1100 S Fillmore Street #103 Amarillo, TX 79101

Visiting Angels

 (806) 310-5362

 6009 Belpree Rd. Amarillo, TX 79106

Program of All-Inclusive Care of the Elderly (PACE)

PACE (Program of All-Inclusive Care of the Elderly) is a unique program designed to help elderly members of the community remain in their homes as long as possible. Participants enrolled in the program receive a comprehensive plan of care that is individualized to their needs.

The program is provided by the Jan Werner Adult Day Care Center and serves older adults in Canyon and Amarillo who are at least 55 years old and can safely live in the community.

The program includes transportation, meals, medical services, physical rehab, and social services which the participant can receive up to five days a week depending on their desired schedule and needs at the Jan Werner facility.

Jan Werner Adult Day Care | PACE

 (806) 374-5516

 3108 S. Fillmore St. Amarillo, TX 79110

STAR+PLUS Medicaid

STAR+PLUS is a Texas Medicaid-managed care program for adults who have disabilities or are age 65 or older. Adults in STAR+PLUS get Medicaid healthcare and long-term services and support through a health plan that they choose.

Long-term services and supports provided through the STAR+PLUS program include things like help in your home with basic daily activities, transportation to medical appointments, and no cost for medical services.

To get services through STAR+PLUS, you must first be enrolled in Medicaid. To enroll in Medicaid, visit YourTexasBenefits.com or call 2-1-1.

Temporary Home Care Options and Family Caregiver Respite


For individuals needing temporary assistance, the **Area Agency on Aging of the Panhandle (AAA)** has a Home Care Options program which provides short-term, in-home support for older adults recovering from a recent hospitalization or health crisis. Services are designed to help individuals maintain independence at home through personalized care plans addressing daily living needs such as personal care tasks and light housekeeping.

Additionally, the Caregiver Respite Program offers short-term caregiver respite to eligible family caregivers to receive a temporary break from their caregiving duties.

The AAA contracts with several local home care providers to offer these in-home services. Caregivers and older adults should contact the AAA directly for additional information, eligibility, and assistance.

Area Agency on Aging of the Panhandle

 (806) 331-2227

 415 SW 8th Ave. Amarillo, TX 79101

[Link to Website to Learn More](#) →

The AAA's Caregiver Support Specialist offers additional education and training opportunities for family caregivers including information on dementia care. They facilitate a monthly support group for caregivers, offer libraries with resources across the Panhandle, and host an annual conference with information for caregivers. Contact the AAA for more information on available support for caregivers.

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.



An initiative
of the



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.