



# Caregiver Support

For more information about the resources below, contact each organization directly.

Email [SeniorHungerSolutions@BivinsFoundation.org](mailto:SeniorHungerSolutions@BivinsFoundation.org) to update a listing.

## Area Agency on Aging of the Panhandle | Caregiver Support


The Caregiver Support Program offers vital assistance to families caring for older adults or individuals with dementia. The Area Agency on Aging (AAA) provides:

- information on **available resources**;
- free temporary **respite care** provided through local home health agencies for a number of hours to give the family caregiver a break;
- a monthly caregiver **support group** and a list of other support groups in the area;
- a library of **free books** and other educational materials on a wide-range of caregiving topics;
- **educational opportunities** to help caregivers gain the knowledge and information they need to manage the demands of their roles.

**Contact the AAA for more information on Caregiver Support.**

### Area Agency on Aging of the Panhandle | Caregiver Support

 **(806) 331-2227**

 415 SW 8th Ave. Amarillo, TX 79101

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

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**Dial 2-1-1 to speak with a representative about local community resources and assistance.**



An initiative  
of the



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.