



Support Groups

For more information about the resources below, contact each organization directly.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Brain Injury Support Groups

WT Speech and Hearing Clinic

The WT Speech and Hearing Clinic hosts a support group for BRIGHT, Brain Resilient Individuals Growing and Healing Together **every Monday** from **4:00 PM to 5:00 PM** in **Harrington Academic Hall at the WT campus in downtown Amarillo.**

For more information, contact Dr. Brian Spencer at the phone number below or pspencer@wtamu.edu.

 **(806) 651-5107**

 720 S Tyler St. Suite 120, Amarillo, TX 79101

Panhandle Independent Living Center

The Panhandle Independent Living Center (PILC) hosts a support group the **1st Tuesday of every month** from **5:30 PM to 7:00 PM** at the PILC office in Amarillo. Caregivers and individuals with traumatic brain injuries are both welcome and each have their own group to attend.

For more information, contact PILC at the phone number below.

 **(806) 374-1400**

 417 SW 10th Ave. Amarillo, TX 79101

Note: Information is subject to change.

Please contact the organizations directly for all questions or any additional information regarding services. The Mary E. Bivins Foundation does not coordinate services, offer referrals, or provide any direct guidance.

Email SeniorHungerSolutions@BivinsFoundation.org to update a listing.

Dial 2-1-1 to speak with a representative about local community resources and assistance.



Addressing food insecurity among older adults in Armstrong, Briscoe, Carson, Castro, Childress, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher and Wheeler Counties.